

Unity Day Gathering Saturday October 10, 2026

**Lehigh Valley Monthly Meeting "Quaker"
4116 Bath Pike, Bethlehem PA 18017**

CoDA Unity

The Free to Be Me Group invites you to our Unity Day Celebration. Come enjoy a day of recovery, connection, and healing as we gather for experiential workshops, a pizza and salad bar lunch, and a speaker meeting. Unity Day is an opportunity to strengthen our recovery and celebrate the hope we find together in CoDA. CoDAteen Adult Hosts will present an informational session about CoDAteen. Parents, teens, and young adults are encouraged to attend to meet our CoDAteen Adult Hosts, ask questions, and learn how CoDAteen can support healthy and loving relationships for the next generation.

Registration – 8:30 a.m.

Welcome Meeting – 9:00 a.m.

Workshops # 1: 9:15 a.m. - 10:30 a.m.

Workshops # 2: 10:45 a.m. - Noon

Noon – Pizza and Salad Bar

Discovering CoDAteen: 12:30 - 12:45 p.m.

Speaker Meeting – 12:45 p.m. - 2:15 p.m.

CoDAteens are Welcome

Suggested Donation \$20

CoDAteens are Free

(Donate only as you can)

Unity Day Questions: Jim V. 610-264-7046 or Amanda B. 610-762-6114

CoDAteen Questions for Adult Hosts: Linda C. 516-790-2587 or Jim V. 610-264-7046

***For Workshop Updates please visit phillycoda.org or coda.org/calendar**